



COMMUNITY
REACH
CENTER

Annual Report 2019

A portrait of a young woman with long, dark, curly hair, smiling warmly at the camera. She is wearing bright pink lipstick. The background is a solid yellow color.

More
to my
story;

[Click here to view
Community Reach Center's
new informational video.](#)

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VALUES

We embrace and **RESPECT** the **DIVERSITY** of our **COMMUNITY**.

We create a **SAFE** environment that encourages **INNOVATION**.

We focus on building lasting **RELATIONSHIPS**, **EXCELLENCE** and **COMPASSION**.

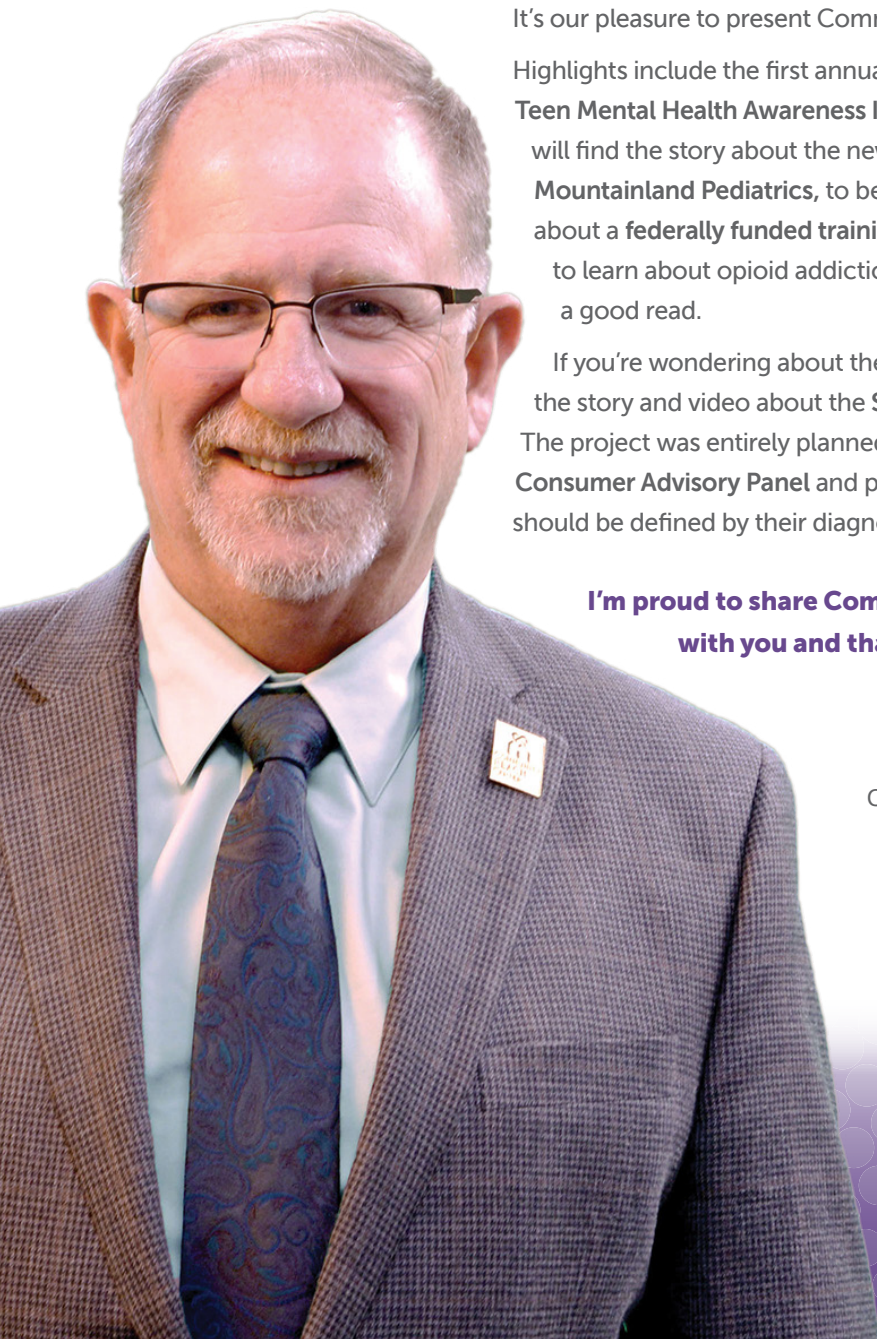
We demonstrate good **STEWARDSHIP** and **GRATITUDE**.

OUR MISSION

“To enhance the health of our community”



Dear friends and supporters,



It's our pleasure to present Community Reach Center's **2019 Annual Report**.

Highlights include the first annual **Behavioral Health Community Forum** and the **Teen Mental Health Awareness Initiative**. Those with young children or teens will find the story about the new **interactive website** for our pediatric practice, **Mountainland Pediatrics**, to be a valuable resource. You'll also find the piece about a **federally funded training** we developed for our **criminal justice partners** to learn about opioid addiction, treatment options and referral processes to be a good read.

If you're wondering about the meaning of **"More to my story;"** on the cover, the story and video about the **Semi-colon Bucket List Project** explains it all. The project was entirely planned and executed by **Community Reach Center's Consumer Advisory Panel** and perfectly illustrates our core belief that no one's life should be defined by their diagnosis.

I'm proud to share Community Reach Center's 2019 Annual Report with you and thank you for your support and partnership.

Rick Doucet
Chief Executive Officer

Mary Ann Wisehart
President, Systems Board

John Parker
President, Foundation Board





CARF Accreditation

Community Reach Center's CARF accreditation has been renewed through November 2022. The **Commission on Accreditation of Rehabilitation Facilities (CARF) International** is an independent, nonprofit agency that issues accreditation for providers of health and human services.

Accreditation assists providers in improving the quality of their services, demonstrating value, and meeting internationally recognized organizational and program standards.

CARF surveyors visited various Community Reach Center sites for three days in late October, reviewing documentation and procedures and interviewing staff and management. Their summary findings noted the following:

Strong vision and strength in our CEO and Board

Easy to use electronic health record

Peer Support Services team – **outstanding**
Consumer Advisory Panel – **impressive**
Data Analytics Team and PowerBI – **exemplary**
General Clinical Services: **comprehensive, clear access to care and compassion for consumers**

IT, Finance, HR, Facilities: **Strong infrastructure to support a growing agency**

According to CARF's accreditation announcement,

"This achievement is an indication of your organization's dedication and commitment to improving the quality of the lives of the persons served."

Services, personnel, and documentation clearly indicate an established pattern of conformance to standards."

Teen Mental Health Awareness Initiative

The Teen Mental Health Awareness Initiative is a unique community collaboration between the **Adams City High School (ACHS) Interact Club**, **Community Reach Center** and **Adams School District 14**. **Interact** is **Rotary International's** service club for young people ages 12 to 18. The **ACHS Interact Club** secured a **\$10,000 grant** from the **Community First Foundation** to develop an initiative aimed at removing stigma associated with mental health challenges through education and opportunities for dialogue.

The heart of the initiative is **The Teen Mental Health toolkit** that contains a flash drive with two powerful videos, PDF files of colorful posters featuring **Colorado Crisis Services** phone number and text line for schools to print and display, a PowerPoint presentation developed by **Community Reach Center** and a guidebook in English and Spanish featuring the presentation slides and local and national mental health resources for teens.

The presentation provides practical information about how teens can support one another's mental wellness and take action when a friend is talking about suicide. It is designed to be presented by teens as a **peer-to-peer model**, in partnership with a **mental health professional** on-site to field clinical questions and support students who may be triggered during the presentation.

The **Teen Mental Health Awareness Initiative** was unveiled at the **Rotary District Interact Conference** in the **fall of 2019**. **ACHS Interact Club** and **Community Reach Center** were honored with certificates of achievement by the **Adams School District 14 Board of Education** in recognition of their work on the initiative. To date, **12 Colorado schools** have requested and received the toolkits.





Our Story Isn't Over Yet

The Semi-colon Bucket List project launched in 2019 by Community Reach Center's Consumer Advisory Panel (CAP) to spread hopeful and empowering self-care messages through art. The CAP members have one significant thing in common: each has faced a major mental health crisis in their lifetime, including suicidal ideation. They understand how intrusive and disruptive suicidal thoughts can be to their recovery process. Their **Semi-colon Bucket List project** combines two popular contemporary concepts: Amy Bluel's Project Semi-colon and the Bucket List.

Project Semi-colon encourages "people to tattoo the semicolon (;) as a form of solidarity among people dealing with mental illness or the death of someone from suicide,"

and the Bucket List concept inspires people to make a list of things they want to achieve before they "kick the bucket."

The **Semi-colon Bucket List Project** infused expressions of hope into the grave notion of suicide through inspirational art created by **Community Reach Center** clients. Large blank templates in the shape of semi-colons were distributed to clients to draw illustrations depicting their bucket lists and hallmarks of their recovery journeys within the semi-colon.

Continued on next page

Six whimsical, vibrant pieces were selected and reproduced onto large 36" x 48" foam-core posters that have been installed in lobbies of **Community Reach Center's outpatient locations**. Poster themes run the gamut from establishing stronger family relationships or pursuing an advanced degree to venturing into the performance arts or traveling the globe. The posters encourage anyone considering suicide to **"stay,"** to take a pause in their life to focus on their mental wellness, and to move forward to accomplish their ambitions.

Their posters work much like vision boards in helping clients to set goals and work toward achieving them, by employing strength-based practices to instill hope for better days during periods of self-doubt, depression and inertia.

[Click here to view the Semi-colon Bucket List Project video.](#)

OUR STORY ISN'T OVER YET



THE SEMICOLON PROJECT is an encouraging idea for those who struggle with mental illness and suicidal ideation. The idea is that you can use a semicolon, a pause or break in your story to take care of your mental health instead of ending your sentence, your life.

The idea of a bucket list, things you want to do in your lifetime can be daunting to those struggling to make it day to day. Here we've combined the two ideas. Knowing that if we end our lives none of these dreams will come true. At Community Reach Center thousands of clients come in battling mental illness, but we are all fighting for a better tomorrow.

Know that you are not alone. We hope these pieces of artwork help you in your journey and we hope that you live to your fullest, checking off all the items on your bucket list because you take daily pauses to take care of your mental health.

**TAKE A PAUSE TODAY.
LIVE OUT YOUR DREAMS TOMORROW**



CONTRIBUTING ARTISTS

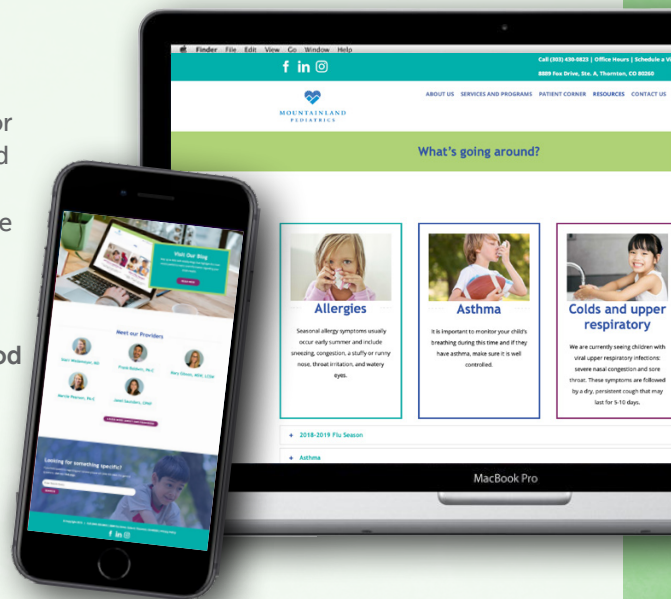
- Wesley Sedam
- Ashley Bruce
- Lilly "Bird" Peterson
- Jessica Sandoval
- Damien Whipple
- 3 Anonymous

**TAKE A PAUSE TODAY.
LIVE OUT YOUR DREAMS TOMORROW**

Mountainland Pediatrics

A fresh new website for Mountainland Pediatrics launched in 2019, featuring a convenient symptom checker tool and a more robust directory of helpful resources for parents. Community Reach Center purchased Mountainland Pediatrics in 2008, becoming one of only five mental health providers in the U.S. to fully integrate pediatric primary care into its care continuum. With a behavioral health specialist on staff plus the co-location of Community Reach Center's Early Childhood Services program, certified play therapists and occupational therapists, Mountainland Pediatrics provides the highest quality comprehensive integrated primary care to meet the needs of the whole child.

[Click here to learn more.](#)



Call (303) 430-0823 | Office Hours | Schedule a Visit

8889 Fox Drive, Ste. A, Thornton, CO 80260



[ABOUT US](#) [SERVICES AND PROGRAMS](#) [PATIENT CORNER](#) [RESOURCES](#) [CONTACT US](#) [Q](#)

Services

Programs



Make an appointment today!

[CALL NOW](#)

Opioid Training

Community Reach Center received **\$15,675** in funding from the **Substance Abuse and Mental Health Administration (SAMHSA) State Opiate Response (SOR) grant** to train law enforcement professionals, victim advocates, probation and parole officers and judicial staff about opioid disorders and treatment options, including **Medication Assisted Treatment (MAT)**.

Because opioid withdrawal can be extremely painful, people often continue using substances to avoid unpleasant symptoms like severe anxiety, nausea, diarrhea and muscle aches. Medications commonly prescribed for MAT are Naltrexone (Vivitrol) and Buprenorphine (Suboxone). These medications normalize brain chemistry,

block the euphoric effects of the substance, relieve physiological cravings and normalize body functions.

MAT can significantly decrease the discomfort of withdrawal and lead to a greater chance of achieving sobriety. The challenge is lack of community awareness about the availability of **MAT services** and misconceptions regarding how MAT medications work. Thanks to this training, criminal justice partners are now better equipped to advocate for MAT and make referrals to **Community Reach Center's MAT program**. To date, **Community Reach Center** has provided on-site trainings for **114** law enforcement professionals and criminal justice partners in Adams County, Colorado.

[Click here to view the training video.](#)

Center Highlights



Leadership Team



Rick Doucet, MA
Chief Executive Officer



Clay Cunningham, MS, LPC
Chief Operations Officer



Christi Mecillas, BS
Chief Financial Officer



Werner Hoellerbauer, PhD
Chief Information Officer

Chief Officers



Adam Bean, JD
Chief Corporate Counsel



Ryan Conner, DO
Chief Medical Officer



Abigail Tucker, PSYD, LP
Chief Clinical Officer

Directors



Jill Atkinson, PhD, LP
Director, Population Health
& Integrated Care



Amelia Bumgarner, MS, LPC
Director, Resiliency
& Recovery Services



Candice Leimkuhler, MS, LPC
Director, Children
& Family Services



Mark Osvirk, BA
Director, Facilities, Food
Services & Transportation



Brian Wong, PHR, SHRM-CP
Director, Human Resources



Andrea Turk, MA, LPC, CACIII
Director, Intensive Services



Starr Wedemeyer, MD
Director, Mountainland Pediatrics



Carole Broderick, PhD
Director, Quality Assurance
& Compliance



Lisa Puma, PhD
Chief Psychologist & Clinical
Director of Collaborative
Community Services

Board of Directors

SHERYL BAIN

North Denver Animal Clinic
*Treasurer, Systems and
Mountainland Pediatrics Boards
Member, Foundation Board*

DONALD CASSATA, PhD

Retired, Executive Director
of Adams County Social Services
*Member, Systems and
Mountainland Pediatrics Boards*

PATRICK DAY

The Day Agency/American
National Insurance
*Member, Systems and
Mountainland Pediatrics Boards*

CHRIS FIEDLER, PhD

Superintendent, 27J School District
Member, Foundation Board

LIZ FUSELIER

AXA Advisors
*Member, Systems and
Mountainland Pediatrics Boards
Treasurer, Foundation Board*

MARGE GALLEGOS

Retired, Psychologist,
Denver Public Schools
*Member, Systems, Mountainland
Pediatrics and Foundation Boards*

MICHELE HANEY, PhD

President, Red Rocks
Community College
*Member, Systems and
Mountainland Pediatrics Boards*

BRAD HARVEY

President & CEO,
Horizons North Credit Union
*Member, Systems, Mountainland
Pediatrics and Foundation Boards*

DEB HAVILAND

Retired, Development Director,
Community Reach Center
*Vice President, Systems and
Mountainland Pediatrics Boards*

PATRICK LYNCH

Investment Advisor,
Patrick Lynch Financial LLC
Member, Foundation Board

MICHAEL MCINTOSH

Commander, Louisville
Police Department
*Member, Systems and
Mountainland Pediatrics Boards*

JOHN PARKER

CEO, United Power, Inc.
President, Foundation Board

THE HONORABLE

JOHN POPOVICH

Retired, District Court Judge,
17th Judicial District
*Member, Systems and
Mountainland Pediatrics Boards*

PAUL SISKKA

Retired, Undersheriff, Adams County
Sheriff's Office
*Member, Systems and
Mountainland Pediatrics Boards*

NANCY SNEATH

HIM Director, FPO,
North Suburban Medical Center
*Member, Systems and
Mountainland Pediatrics Boards*

DAVID SPRENGER

Vice President of Advocacy,
Centura Health
*Member, Systems and
Mountainland Pediatrics Boards*

STEVE SWENSEN

Retired, President, FirstBank
Vice President, Foundation Board

BRUCE VEZINA

State Farm Insurance Agent
*Member, Systems, Mountainland
Pediatrics and Foundation Boards*

SUSAN WEBBER

Realtor, Keller Williams
Preferred Realty
*Secretary, Systems and
Mountainland Pediatrics Boards*

MARY ANN WISEHART

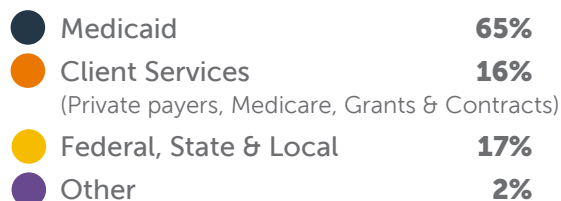
Retired, Lucent Technologies, Inc.
*President, Systems and
Mountainland Pediatrics Boards
Secretary, Foundation Board*

FY 2019 Financials & Demographics

July 1, 2018 through June 30, 2019



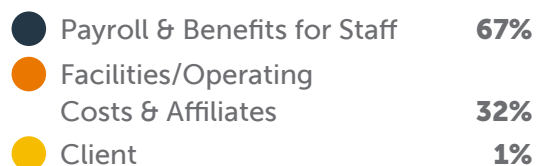
Revenue
\$45,851,710



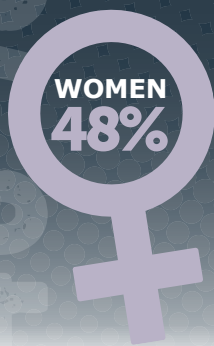
Total revenue includes support provided by Adams County.



Expenses
\$46,842,784



Community Reach Center provided **\$2.6 million** in charitable care for individuals unable to pay for services.



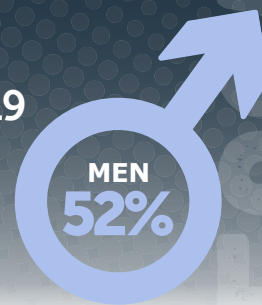
21,424

unduplicated consumers served in FY2019

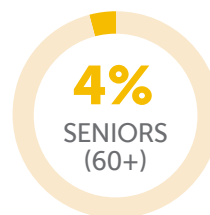
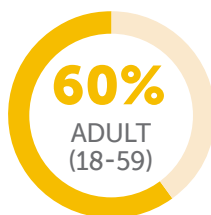
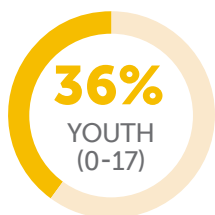
7,782
YOUTH

12,768
ADULTS

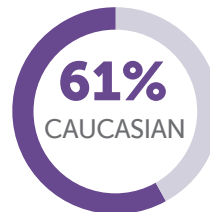
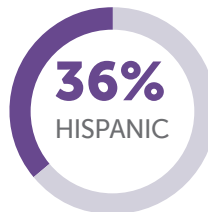
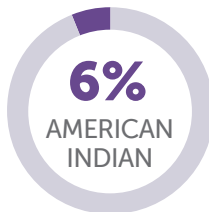
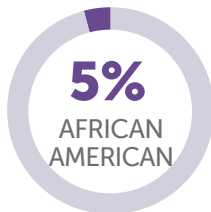
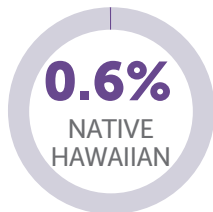
865
SENIORS



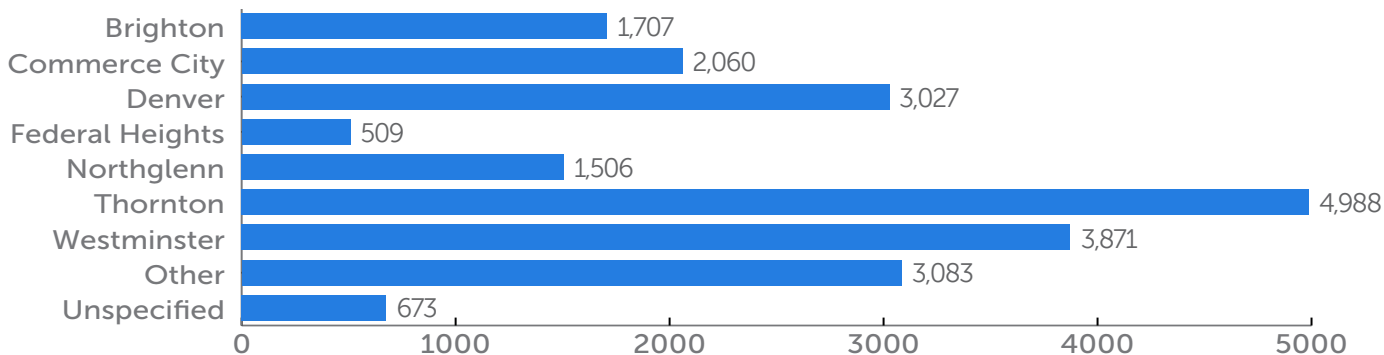
AGE



RACE (Totals more than 100% as people may indicate multiple races)



NUMBER OF CONSUMERS SERVED PER MUNICIPALITY



Events

Mary Ciancio Memorial Distinguished Service Award Dinner:

Donna Alengi was honored with the 2019 Mary Ciancio Memorial Distinguished Service Award on April 15. Alengi joined CASA of Adams and Broomfield Counties in 2015 as a volunteer advocate and serves on its board of directors. Becky Hoffman received the 2019 Marjory Ball Mental Health Advocacy Award for her inspirational leadership as CEO of the Adams County Youth Initiative.



John Parker (President, Foundation Board) & winner Donna Alengi



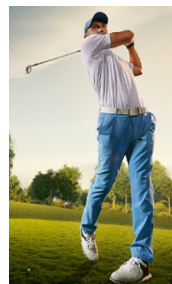
John Parker (President, Foundation Board) & winner Becky Hoffman



Reach for Recovery 5K – On the Move for Mental Health Awareness:

June 1 marked the first annual Reach for Recovery 5K "friend-raiser," drawing 130 walkers and runners. Themed around movement and being outdoors as two important factors in supporting wellness and recovery, the event combined exercise with raising awareness by featuring a dozen resource tables where guests could chat with Community Reach Center staff about services and programs.

Reach for the Green Golf Tournament: The 39th Annual Reach for the Green Golf Tournament on September 10 at The Todd Creek Golf Course in Thornton hosted 178 golfers and raised more than \$50,000 to support integrated mental health services at Community Reach Center. During the awards luncheon, the annual Donald C. Ciancio Philanthropic Award was presented to Dodge Sign Company and Wayne Dodge, a steadfast supporter of Community Reach Center for 20 years.



Dr. Abigail Tucker presents on improvements to access at Community Reach Center. (right)



Speakers Bureau 2019 series: Community Reach Center provided more than 30 presentations at the request of partners throughout the community, including schools, judicial districts, libraries, department of human services, churches and police departments. Topics ranged from Substance Use Disorder, Impacts of Trauma on Mental Wellness and First Episode Psychosis, to Anger Management, Anxiety and Depression in Children and Understanding the Realities of Mental Illness. You can book a free presentation through **Community Reach Center's Speakers Bureau.**



New Broomfield Outpatient Office (top)

Community Reach Center board members Sheryl Bain, Nancy Sneath and Mary Ann Wisehart with Rick Doucet, CEO



Broomfield Outpatient Open House: On October 7, Community Reach Center opened its newest outpatient location in Broomfield. This new Broomfield location is especially important because it represents the voices of Broomfield citizens who largely expressed their desire for enhanced mental health services in the 2018 Citizen Survey and 2018 Health Assessment Survey.

“Broomfield residents have voiced a compelling need for enhanced and expanded access to mental health and substance use disorder services, collectively known as behavioral health services. Broomfield is excited to announce an innovative and collaborative open-access approach to delivering the best possible behavioral health services to Broomfield residents,” said Jennifer Hoffman, city and county manager of Broomfield.

Behavioral Health Community Forum: Community Reach welcomed more than 70 community leaders and legislators to the Behavioral Health Community Forum on November 22 at Ciancio’s at Hyland Hills Restaurant in Westminster, creating a new platform for healthcare advocates to share their best thinking about ways to support health and wellness in their communities. The big takeaway from the table-top discussions was the value of sharing our knowledge about behavioral health services and resources with others and keeping the conversation going in our communities.



MHFA

The Mental Health First Aid (MHFA) Training Team at Community Reach Center certified 720 people in 36 classes held throughout metro Denver in 2019. MHFA curriculums provided included Adult, Youth, Older Adults, Public Safety, Military & Veterans and Spanish. **Register for a MHFA class today!**

FY2019 Donors

A heartfelt thanks to the following people and organizations who generously contributed this year!

\$1,000
TO \$5,000

20/20 Tax Resolution
Adams 12 School District
Adams County Commissioners
Adams County Sheriff's Department
Allied Recycled Aggregates
BOK Financial
Brightview Landscape Services
Brothers Plumbing & Heating
Cigna
City of Brighton

City of Commerce City
Dodge Sign Company
EON Office
Genoa Healthcare
Good Samaritan Medical Center
Chris Hodges
Horizons North Credit Union
Hyland Hills Parks & Recreation District
IMA, Inc.
Netsmart

Policy Matters
School District 27J
Signal Behavioral Health Network
St. Anthony North Health Campus
Stout Street Foundation
Susan Webber Homes
United Power
Vista Management

\$500
TO \$999

Dr. Donald Cassata
Ciancio Ciancio Brown
Innovest
Isolate Systems

Key-Rite Security
Pollard Motors
Red Rocks Community College Foundation
The Players Club

\$100
TO \$499

Aurora Mental Health
Dante Carbone
William Christopher
Cynthia Dascher
Vicki Esposito
Lou & Christy Garone
Sharon Hamor
Honnen Equipment

Deborah Hunt
Lindy Lewis
Sharon Maybee
Mountain View Bank
Peter Mustian
Kevin O'Connell
Jerry Orten
Print Partners

Zoe Reese
Tirshana Regmi
Wendy Rudden-Carter
Jeff Silver
Nancy Sneath
Steve Swensen
Bruce Vezina
Sharon Whitehair



SERVICES FOR ALL AGES ACROSS THE CARE CONTINUUM

SUBSTANCE USE DISORDER (SUD) ☐

PREVENTION EARLY INTERVENTION

FREE MENTAL HEALTH
FIRST AID CLASSES

IN-HOME
SENIOR SERVICES

INTEGRATED
CARE PROGRAM

FIRST EPISODE
PSYCHOSIS SERVICES

ACCESS TO CARE

INTAKE

MOUNTAINLAND
PEDIATRICS

BEHAVIORAL HEALTH
URGENT CARE

OUTPATIENT SERVICES

OUTPATIENT
THERAPY

SCHOOL BASED
THERAPY SERVICES

SUD

EARLY CHILDHOOD
SERVICES

INTENSIVE SERVICES

ASSERTIVE COMMUNITY
TREATMENT PROGRAM

MEDICATION
ASSISTED TREATMENT

IN-HOME
TREATMENT

K-12 DAY
TREATMENT SERVICES

JUSTICE & JUVENILE
DETENTION SERVICES

HIGH ACUITY

HOSPITAL
ALTERNATIVE SERVICES
MOBILE CRISIS SERVICES
RESPITE SERVICES

RESIDENTIAL SERVICES
PROGRAM

DETOX SERVICES

RESIDENTIAL
SUD TREATMENT

ANCILLARY SERVICES

MEDICATION
MANAGEMENT SERVICES

CASE
MANAGEMENT

PEER
SERVICES

VOCATIONAL
SERVICES

PSYCHOLOGICAL
TESTING

PSYCHOSOCIAL
REHABILITATION
PROGRAM

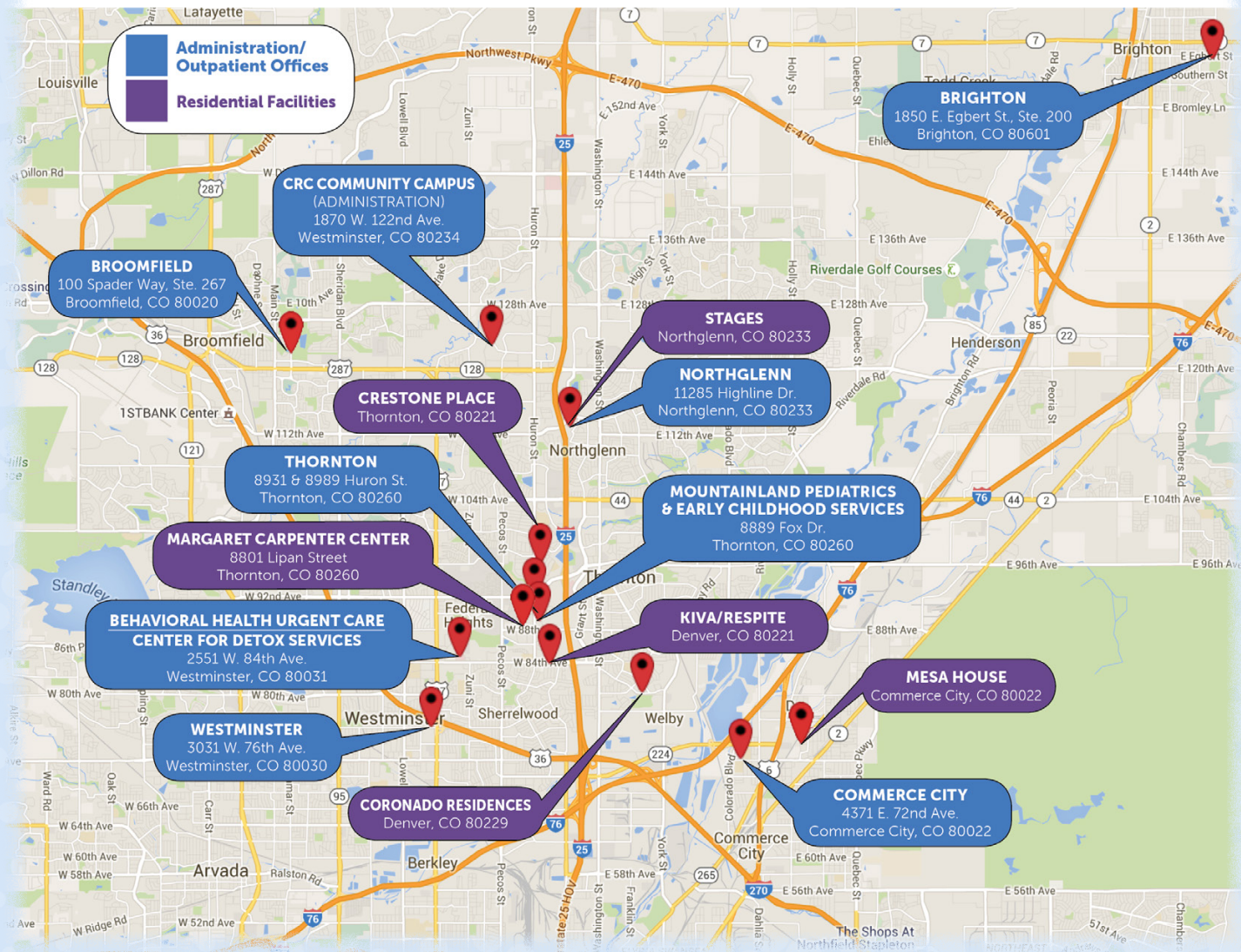
SUPPORTIVE
HOUSING

Community Reach Center

Outpatient Offices & Residential Facilities

Community Reach Center is a top-tier non-profit behavioral health and wellness provider established in 1957 that serves people of all ages at seven outpatient offices and more than 100 community-based sites.

Visit CommunityReachCenter.org for information about our complete continuum of care.



Locations

ADMINISTRATION CAMPUS

1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

BEHAVIORAL HEALTH URGENT CARE

2551 W. 84th Ave., Ste. 2
Westminster, CO 80031

BRIGHTON OUTPATIENT & INTAKE

1850 E. Egbert St., Ste. 200
Brighton, CO 80601

BROOMFIELD OUTPATIENT & INTAKE

100 Spader Way, Ste. 267
Broomfield, CO 80020

CENTER FOR DETOX SERVICES

2551 W. 84th Ave.
Westminster, CO 80031

COMMERCE CITY OUTPATIENT

4371 E. 72nd Ave.
Commerce City, CO 80022

EARLY CHILDHOOD SERVICES

8889 Fox Dr., Ste. B
Thornton, CO 80260

MARGARET CARPENTER CENTER

8801 Lipan St.
Thornton, CO 80260

MOUNTAINLAND PEDIATRICS

8889 Fox Dr., Ste. A
Thornton, CO 80260

NORTHGLENN OUTPATIENT

11285 Highline Dr.
Northglenn, CO 80233

THORNTON CENTRAL INTAKE

8989 Huron St.
Thornton, CO 80260

THORNTON OUTPATIENT

8931 Huron St.
Thornton, CO 80260

WESTMINSTER OUTPATIENT

3031 W. 76th Ave.
Westminster, CO 80030



303.853.3500

www.CommunityReachCenter.org

More to my story;



303.853.3500

www.CommunityReachCenter.org

Click here to view
Community Reach Center's
new informational video.