



COMMUNITY
REACH
CENTER



ANNUAL REPORT

2018

Table of Contents

Letter from the CEO & Board of Directors

2018 Highlights

Care Continuum

Financials & Demographics

Leadership Team

Board of Directors

Donor Acknowledgment

2018 Events

Mission & Values

Community Reach Center Map

Locations

I wanted to express my sincere gratitude for my recent stay at the Crisis Stabilization Unit in Westminster. They handed me a flash-light in my tunnel of darkness and I did the work to turn it on.
Thank you, you helped save my life.

~CRC Client



Dear Friends and Supporters,

In 2014, slightly more than half of Americans ages 12 and up reported they consume alcohol. Most would be described as moderate drinkers. But for nearly one in 10, their substance use has evolved into a disorder, meaning that it is negatively impacting their health, their ability to tend to daily responsibilities and their personal relationships.

In 2017, Colorado reported more than 1,000 drug overdose deaths and 558 were related to opioids or heroin. That represents a 100 percent increase compared to 2016. Nationally, the cumulative cost of substance use disorder is estimated to be \$504 billion a year. More than one in four adults living with serious mental health conditions also has a substance use problem.

Old attitudes about addictions were largely based on the belief that addiction resulted from moral weakness and that recovery could be achieved simply by willpower and self-discipline. We now recognize substance use disorder as a chronic disease that changes both brain structure and function. A study published by Harvard Medical School captured it best, stating that, "Just as cardiovascular disease damages the heart and diabetes impairs the pancreas, addiction hijacks the brain."

Community Reach Center's 2018 Annual Report highlights our new comprehensive continuum of care for the treatment of substance use disorder that includes withdrawal management services in a social detox setting, intensive residential treatment, outpatient services, medication assisted treatment and psychoeducation aimed at providing people with the tools to manage their cravings while adopting healthy coping strategies. The Community Reach Center team is honored to guide tens of thousands of clients toward their individual paths to recovery and wellness each year.

Sincerely,

Rick Doucet
Chief Executive Officer

The Hon. John Popovich
President,
Systems Board

John Parker
President,
Foundation Board



[BACK TO MENU](#)



Withdrawal Management Services



Community Reach Center provides the only monitored, safe and supportive withdrawal management service in a social detox setting in Adams County.

Individualized interventions and after-care supports provide health and wellness education, recovery strategies, coaching and referrals to appropriate treatment, based on individual need. Once discharged, many clients are referred to **Community Reach Center's Margaret Carpenter Center** for intensive residential treatment. More are referred to intensive outpatient programming, including individual and group therapy, case management, peer support, psychiatric care and a wide variety of other services to support recovery.

The facility operates **24/7/365** and employs a multi-disciplinary staff who specialize in substance use services to assist people in what is often the first step in their recovery process.

Staffing

- Masters-level Therapists
- Certified Addictions Counselors
- Addiction Technicians
- Case Managers



Highlight's Continued

Intensive Residential Treatment for Substance Use Disorder



Accommodations and Amenities

- 20 single and multiple-occupancy bedrooms with ensuite bathrooms
- Nutritious meals served in a communal dining room
- Indoor fitness center to support holistic programming
- Spacious group therapy rooms

Community Reach Center opened the Margaret Carpenter Center in 2018 to meet the need for substance use disorder treatment in Adams County and the surrounding regions, when Arapahoe House closed its doors in late 2017. The newly remodeled 43,000-square-foot facility currently provides intensive residential treatment and medication assisted treatment.

Community Reach Center's Intensive Residential Treatment for Substance Use Disorder (IRT for SUD) is an effective level of care for men and women dually diagnosed with a mental health challenge and SUD who have been prescribed this higher level of care as the best treatment course to support recovery.

Services

- Evidence-based individual and group therapy
- Case management
- Medication management and nursing services
- Recreational activities

Staffing

- Medical Providers
- Nurses
- Masters-level Therapists
- Certified Addiction Counselors
- Addiction Technicians



Highlight's Continued

Medication Assisted Treatment (MAT) for Substance Use Disorder



Medication Assisted Treatment (MAT) is for people 18 years of age and older diagnosed with an alcohol or opioid use disorder. MAT combines behavioral therapy and medications to treat substance use disorders. Medications commonly prescribed are Naltrexone (Vivitrol) and Buprenorphine (Suboxone). Basically, the medications normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings and normalize body functions.

Services

- Evidence-based individual and group therapy
- Medication management and nursing services
- Case management

A common misconception associated with MAT is that it substitutes one drug for another. Actually, these medications relieve withdrawal symptoms and psychological cravings and do not produce a “high.” Research shows that when administered at the proper dose, MAT medications have no adverse effects on a person’s mental capability, physical functioning or employability.

Staffing

- Nurses
- Masters-level Therapists specializing in substance use counseling
- Case Managers
- Physicians



Treatment Plan

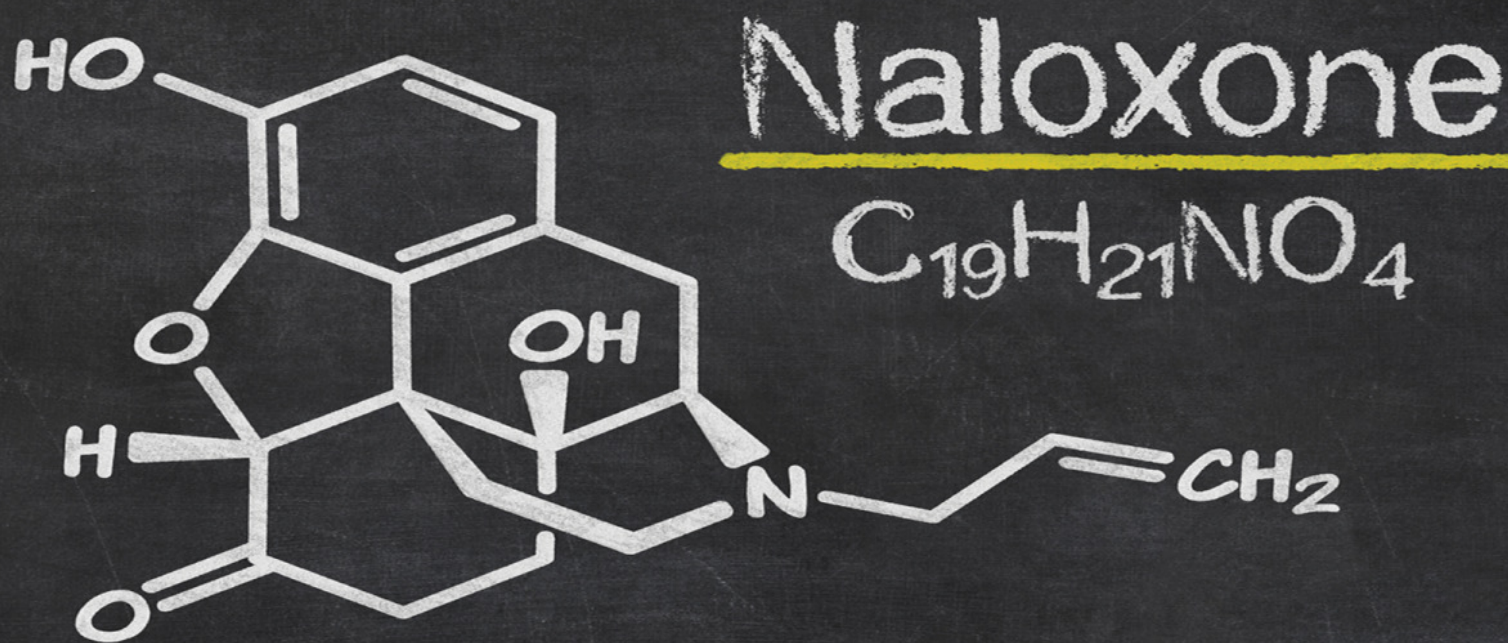
Client and therapist work together to identify treatment goals and develop a treatment plan that maps a path to achieving them. The treatment plan is reviewed regularly to ensure that clients are receiving all services indicated in the plan.

This treatment approach has been shown to:

- Increase client’s engagement in treatment
- Decrease criminal activity among clients with substance use disorders
- Increase client’s ability to gain and maintain employment
- Improve birth outcomes among pregnant women who have substance use disorders

Highlight's Continued

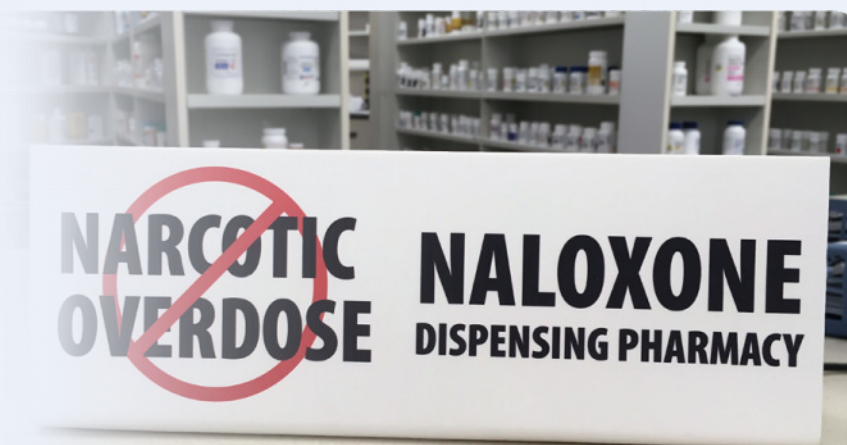
Narcan Protocol



2018 marked the launch of the Naloxone (Narcan) protocol at Community Reach Center. Narcan is a medication used to rapidly reverse opioid overdose by binding to opioid receptors in the brain, essentially knocking the opioid from the receptor. It quickly restores normal respiration to a person whose breathing has slowed or stopped as a result of overdosing with heroin or opioid pain medications.

Deaths from overdose of opioids more than tripled in the U.S. from 2000 to 2014. According to the Tri-County Health Department, 343 overdose deaths were attributed to opioids, heroin and fentanyl in Adams County between 2013 and 2017. Although many oppose public access to Narcan based on concerns that it may enable abuse of heroin and other opioids, research has not validated those concerns. The medical community widely supports making Narcan more easily available, because it saves lives. Narcan can be purchased over the counter without a prescription and is fully covered by Medicaid programs in Colorado.

Community Reach Center's nursing team provides training on how to administer Narcan for all staff on Withdrawal Management Services, Medication Assisted Treatment and Intensive Residential Treatment teams and family members of clients served by those teams.



[BACK TO MENU](#)



www.CommunityReachCenter.org

SERVICES ACROSS THE CARE CONTINUUM

SUBSTANCE USE DISORDER (SUD)



PREVENTION EARLY INTERVENTION

FREE
MENTAL HEALTH
FIRST AID CLASSES

SENIOR
REACH
PROGRAM

INTEGRATED
CARE
PROGRAM

ACCESS TO CARE

INTAKE

INTEGRATED
CARE
PROGRAM

MOUNTAINLAND
PEDIATRICS

OUTPATIENT SERVICES

OUTPATIENT
THERAPY

SCHOOL BASED
THERAPY
PROGRAM

SUD

EARLY
CHILDHOOD
SERVICES

AUTISM
SPECTRUM
DISORDER PROGRAM

INTENSIVE SERVICES

ASSERTIVE
COMMUNITY
TREATMENT PROGRAM

SUD/INTENSIVE
OUTPATIENT
SERVICES

IN-HOME
TREATMENT

K-12 DAY
TREATMENT
PROGRAM

JAIL SERVICES &
JUVENILE DETENTION
PROGRAM

HIGH ACUITY

CRISIS
CONTINUUM

RESIDENTIAL
SERVICES PROGRAM

WITHDRAWAL
MANAGEMENT

RESIDENTIAL
SUD TREATMENT

ANCILLARY SERVICES

MEDICATION
MANAGEMENT SERVICES

CASE
MANAGEMENT

PEER
SERVICES

VOCATIONAL
SERVICES

PSYCHOLOGICAL
TESTING

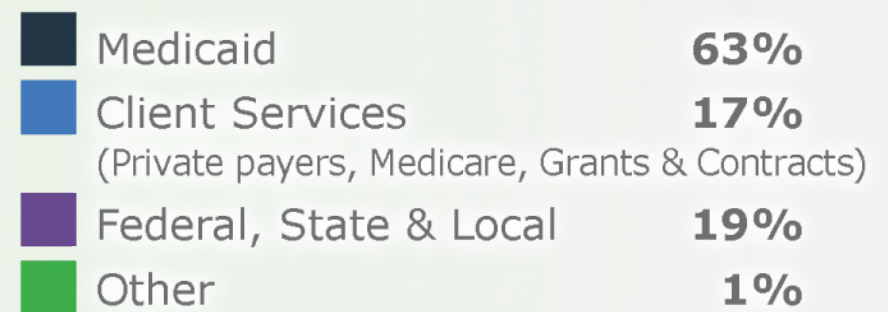
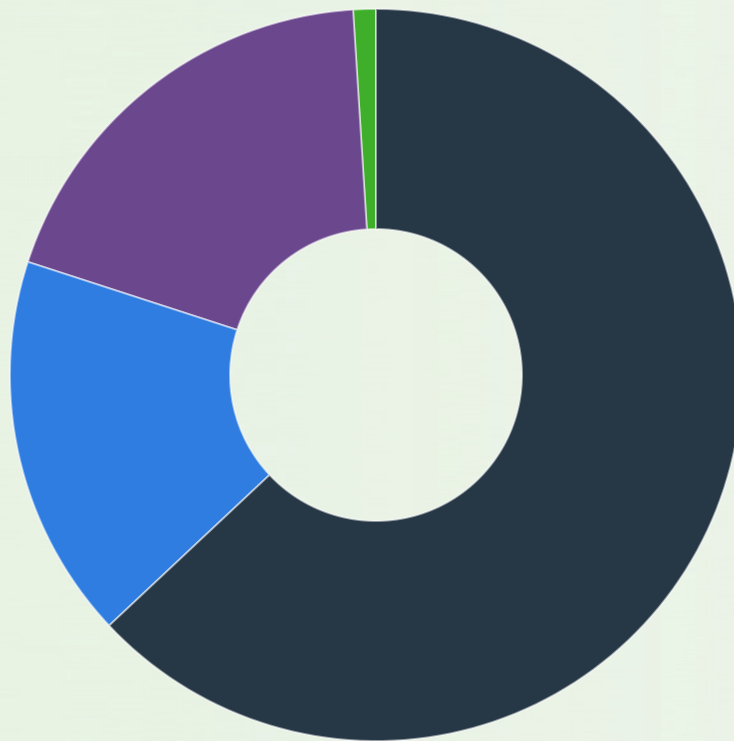
PSYCHOSOCIAL
REHABILITATION PROGRAM

SUPPORTIVE
HOUSING

BACK TO MENU

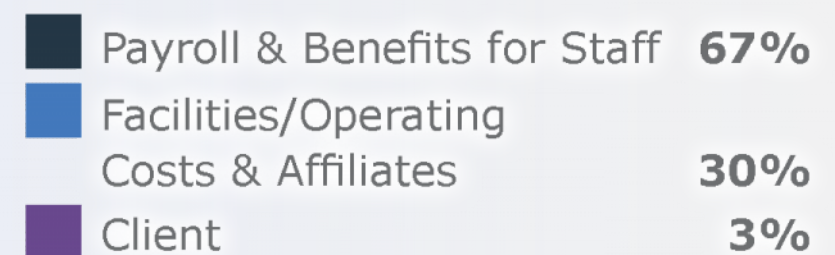
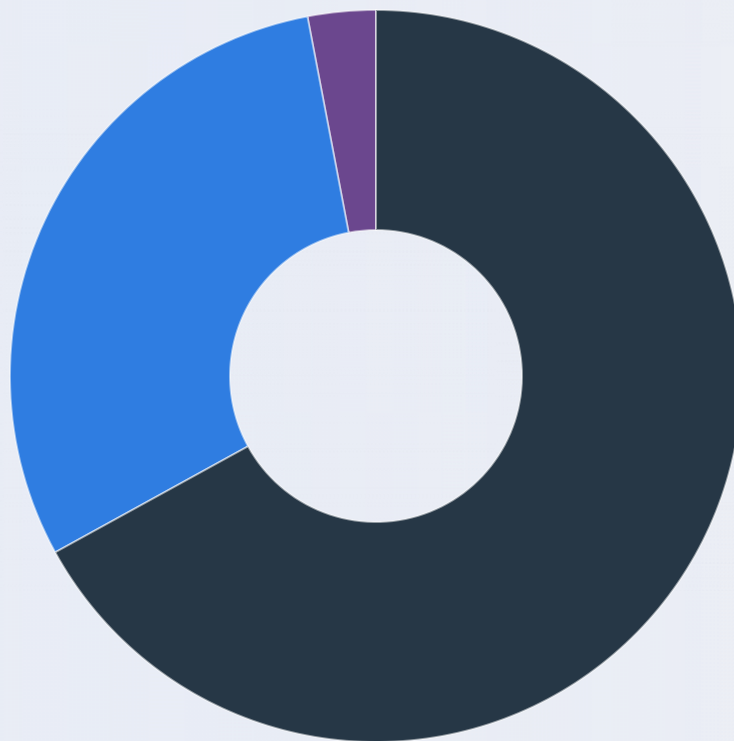
FY 2018 Financials & Demographics

REVENUE \$45,268,540



Total revenue includes support provided by Adams County & the City of Westminster.

EXPENSES \$44,968,758



DEMOGRAPHICS

Community Reach Center provided **\$2.5 million** in charitable care for individuals unable to pay for services.

Served **22,605** unduplicated consumers in FY2018

8,493
YOUTH

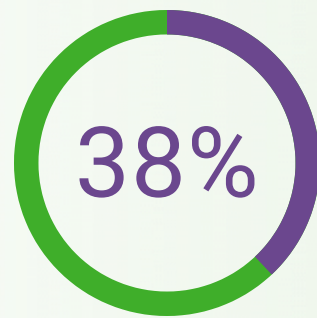
13,236
ADULTS

876
SENIORS

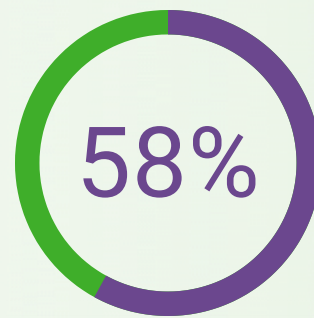
53%
MEN

47%
WOMEN

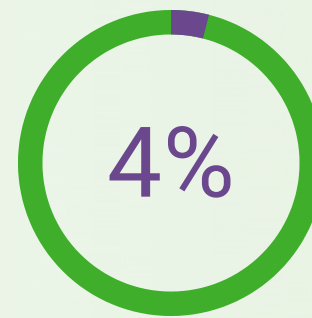
AGE



YOUTH (0-17)

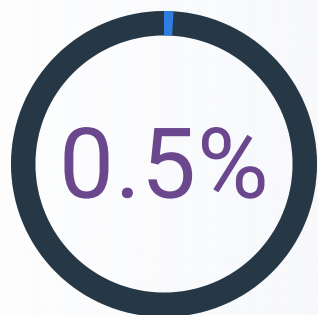


ADULT (18-59)

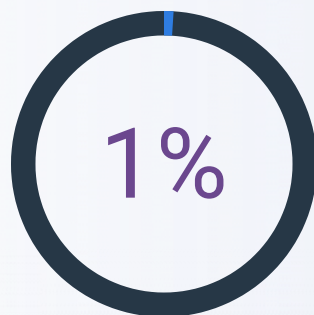


SENIOR (60+)

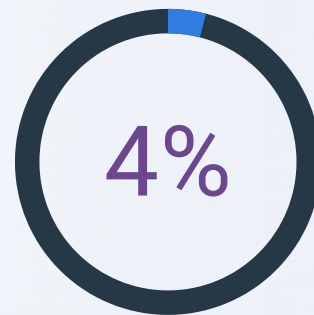
RACE (Totals more than 100% as people may indicate multiple races)



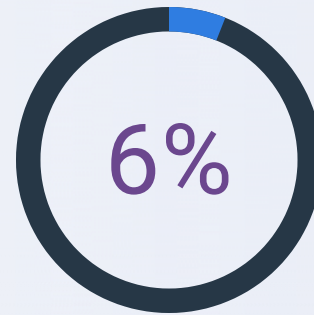
NATIVE
HAWAIIAN



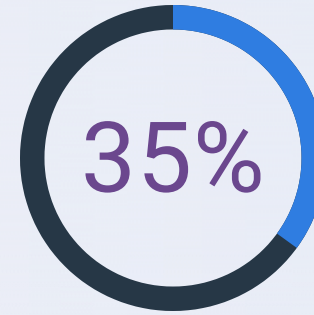
ASIAN



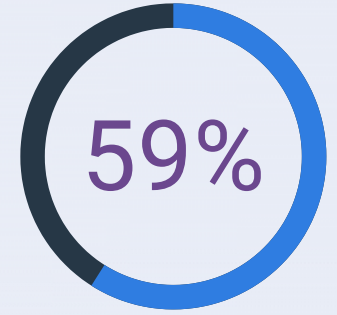
BLACK/AFRICAN
AMERICAN



AMERICAN
INDIAN

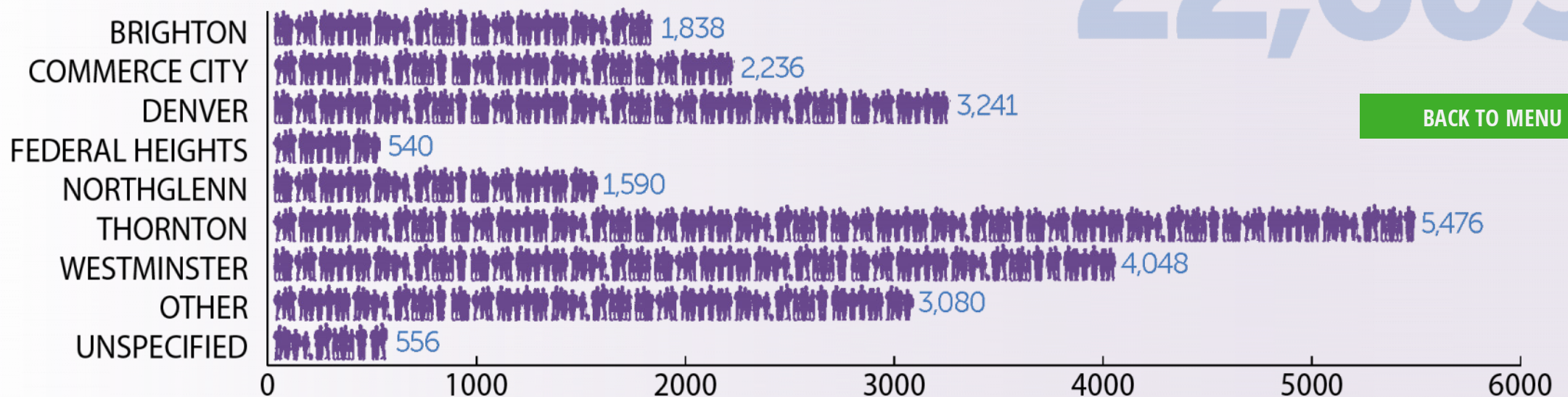


HISPANIC



WHITE

NUMBER OF CONSUMERS SERVED PER MUNICIPALITY



[BACK TO MENU](#)

Leadership Team

Rick Doucet, MA
Chief Executive Officer



Clay Cunningham, MS, LPC
Chief Operations Officer



Christi Mecillas, BS
Chief Financial Officer



Werner Hoellerbauer, PhD
Chief Information Officer



Adam Bean, JD
Chief Legal Officer



Linda Hamaker, MBA
Chief Administrative Officer



Chief Officers

Ryan Conner, DO
Chief Medical Officer



Abigail Tucker, PSYD, LP
Chief Clinical Officer



Jill Atkinson, PhD, LP
Integrated Care



Directors

Amelia Bumgarner, MS, LPC
Resiliency & Support Services



Candice Leimkuhler, MS, LPC
Collaborative Community Services



Heather Thompson, RN
Nursing Services



Mark Osvirk, BA
Facilities, Food Services & Transportation



Brian Wong, PHR, SHRM-CP
Human Resources



Andrea Turk, MA, LPC, CACIII
Recovery & Transition Services



Lori Pereira, MA, LPC
Quality Assurance & Compliance



Starr Wedemeyer, MD
Mountainland Pediatrics



Lauren Jassil, MSW, LCSW
Outpatient Services



[BACK TO MENU](#)

Board of Directors

SHERYL BAIN

North Denver Animal Clinic
Treasurer, Systems and
Mountainland Pediatrics Boards
Member, Foundation Board
Secretary, Coronado Board

DONALD CASSATA, PhD

Retired, Former Executive Director
of Adams County Social Services
Member, Systems and
Mountainland Pediatrics Boards

PATRICK DAY

The Day Agency for American
National Insurance
Member, Systems and
Mountainland Pediatrics Boards

CHRIS FIEDLER, PhD

School District 27J
Member, Foundation Board

LIZ FUSELIER

AXA Advisors
Member, Systems and
Mountainland Pediatrics Boards
Treasurer, Foundation Board

MARGE GALLEGOS

Retired, Denver Public Schools
Member, Systems, Mountainland
Pediatrics, Coronado and
Foundation Boards

MICHELE HANEY, PhD

President, Red Rocks
Community College
Member, Systems and
Mountainland Pediatrics Boards

BRAD HARVEY

President & CEO,
Horizons North Credit Union
Member, Systems, Mountainland
Pediatrics and Foundation Boards
Treasurer, Coronado Board

DEB HAVILAND

Retired, Community Reach Center
Member, Systems and
Mountainland Pediatrics Boards

PATRICK LYNCH

Patrick Lynch Financial
Member, Foundation Board

MICHAEL MCINTOSH

Former Sheriff, Adams County
Sheriff's Office
Member, Systems and
Mountainland Pediatrics Boards

JOHN PARKER

CEO, United Power, Inc.
President, Foundation Board

THE HONORABLE JOHN POPOVICH

Retired, District Court Judge,
17th Judicial District
President, Systems and
Mountainland Pediatrics Boards

CONNIE RISOLI

White Mountain Art
Member, Coronado Board

PAUL SISK

Retired Undersheriff, Adams County
Sheriff's Office
Member, Systems and
Mountainland Pediatrics Boards
President, Coronado Board

NANCY SNEATH

HIM Director, FPO,
North Suburban Medical Center
Member, Systems and
Mountainland Pediatrics Boards

STEVE SWENSEN

Retired, FirstBank
Vice President, Foundation Board

BRUCE VEZINA

State Farm Insurance Agent
Member, Systems, Mountainland
Pediatrics, Foundation and
Coronado Boards

SUSAN WEBBER

Keller Williams Preferred Realty
Secretary, Systems and
Mountainland Pediatrics Boards

MARY ANN WISEHART

Retired, Lucent Technologies, Inc.
Vice President, Systems and
Mountainland Pediatrics Boards
Secretary, Foundation Board
Member, Coronado Board

[BACK TO MENU](#)

FY 2018 Donors

We are pleased to honor the following people
and organizations who generously contributed this year!

\$1,000 to \$5,000

20/20 Tax Resolution, Inc.
Adams 12 Five Star Schools
Adams County Commissioners
Adams County Sheriff's Office
Allied Recycled Aggregates
Aurora Mental Health Center
Behavioral Healthcare, Inc
Bimbo Bakeries USA
Butterfly Pavilion
Charity Golf International
Cigna
City of Brighton

City of Commerce City
COBiz Bank
Dominion Diagnostics
EON Office
Genoa Healthcare
Good Samaritan Medical Center
Horizons North Credit Union
Hyland Hills Park
and Recreation District
IMA, Inc.
Lewan Technology
Netsmart

Owl Creek Medical
Policy Matters, LLC
Salud Family Health Centers
School District 27J
St. Anthony North Health Campus
Stout Street Foundation
TBK Bank
United Power, Inc.
Valley Bank and Trust
Vista Management Association, Inc.

\$500 to \$999

Brightview Landscaping Services
Dr. Don Cassata
Ciancio Ciancio Brown, P.C.
EMC
Innovest Portfolio Solutions, LLC
John Elway Chevrolet
North Valley Bank

Red Rocks Community College Foundation
State Farm Companies Foundation
The Players Club
Vacuum Technologies
Jeff Wilson
Mary Ann Wisehart

\$100 to \$499

William Bone
Dante Carbone
Wendy Carter
Church of the Beloved
Cynthia Dascher
Vicki Esposito
Jack Ethredge
Marge Gallegos
Lou Garone
Dr. Michele Haney

Lindy Lewis
John Lohmeier
Karmen MacKendrick
Sharon Maybee
Mountain View Bank of Commerce
Peter Mustian
John Parker
Pollard Jeep
Zoe Reese
Tirshana Regmi

Gloria Rudden
Nancy Sneath
Patricia Soderberg
Kathleen Soltow
Shelly Spalding
Steve Swensen
Elizabeth Wachtl
Susan Webber
Sharon Whitehair

[BACK TO MENU](#)

Events



Mary Ciancio Memorial • Distinguished Service Awards Dinner

The 2018 Mary Ciancio Memorial Distinguished Service Award was presented to **Nancy McNally** on April 10, in recognition of extraordinary volunteer work with the Westminster Citizen Police Academy and Citizen Fire Academy. **Commerce City Rotary Club** garnered the 2018 Marjory Ball Mental Health Advocacy Award, honoring its sustained efforts toward reducing stigma and raising awareness around mental health challenges.

Reach for the Green Golf Tournament

On September 11, **\$58,147** was raised to help fund supportive mental health services for uninsured and underinsured individuals in Adams County.



Mental Health First Aid (MHFA) Veterans and Military Training

Community Reach Center certified **30** individuals in the Mental Health First Aid (MHFA) Veterans and Military Module on October 25 at the Bison Ridge Recreation Center in Commerce City. A resource fair was held in conjunction with the MHFA training featuring 20 exhibitors who provided resources pertinent to service members and those who support them. In 2018, Community Reach Center's MHFA Training Team certified a total of 555 people in the Adult, Youth, Veterans, Public Safety and Older Adults modules.

Community Reach Center thanks Commerce City Rotary Club's Mental Health Initiative Task Force for its generous sponsorship of this event.



2018 Legislative Breakfast •

Community Reach Center CEO Rick Doucet shared perspectives on support for safety-net services at the Annual Legislative Breakfast November 28 at the Marriott Westminster, which was attended by community leaders, legislators and public officials.

Staff shared highlights of Community Reach Center programs focused on prevention and early intervention, including successful efforts to reduce expulsions from preschool programs and day care centers, and school-based services that provide immediate assessment and treatment for Adams County students when struggles first emerge.



Margaret Carpenter • Center Open House

June 26 marked the grand opening of the Margaret Carpenter Center in Thornton, home of Intensive Residential Treatment and Medication Assisted Treatment programs.



[BACK TO MENU](#)

OUR MISSION

"To enhance the health of our community"

VALUES

We embrace and **RESPECT** the **DIVERSITY** of our **COMMUNITY**.

We create a **SAFE** environment that encourages **INNOVATION**.

We focus on building lasting **RELATIONSHIPS**, **EXCELLENCE** and **COMPASSION**.

We demonstrate good **STEWARDSHIP** and **GRATITUDE**.

To all the people at the Community Reach Center.
When we were little kids the apple tree in the back yard
was our only safe place. You are our apple trees now.

Thank you a lot!

~CRC Client

[BACK TO MENU](#)

VISION

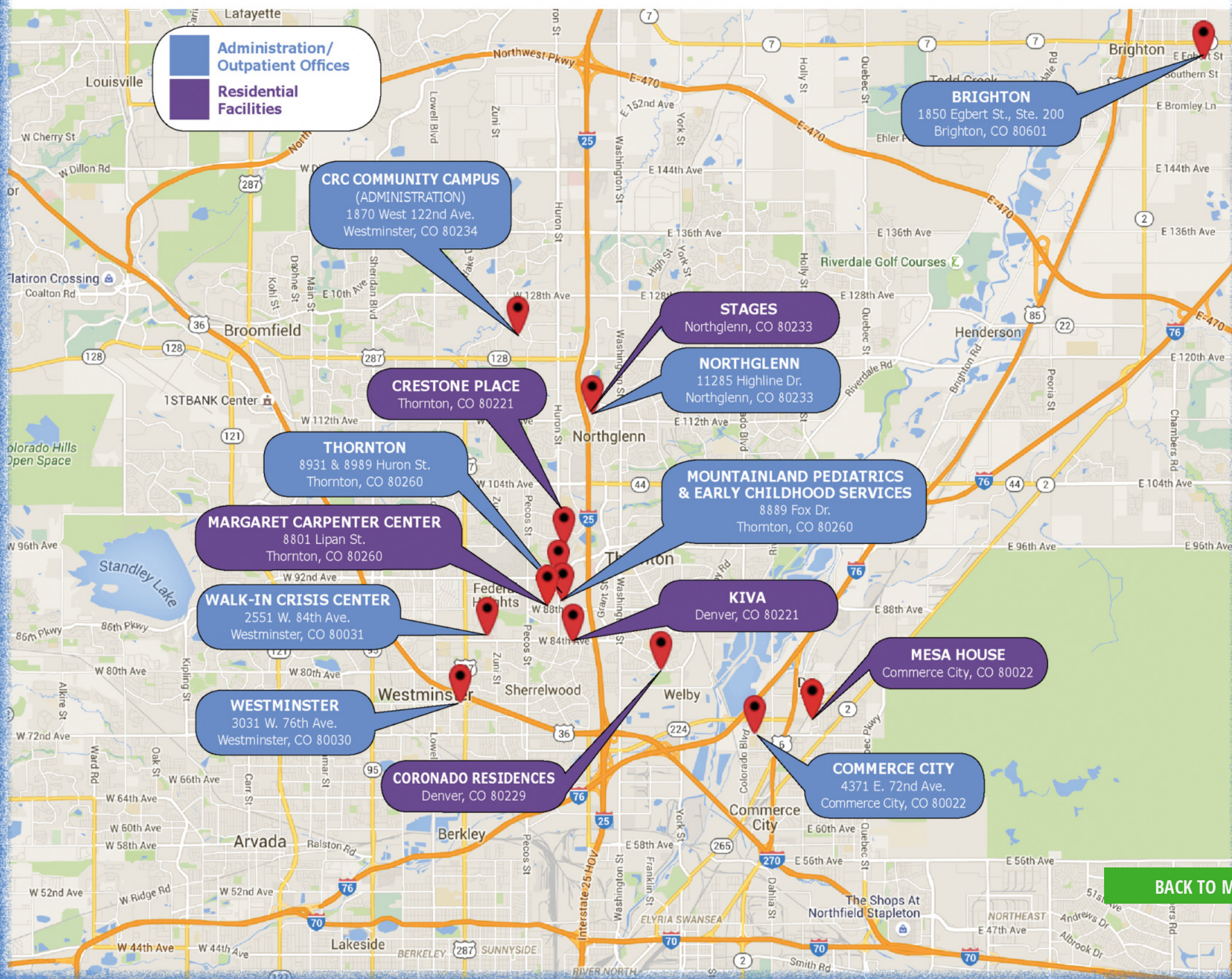
Through the passion and training of our employees, unwavering commitment to evidenced-based practices, advanced technology, collaboration with community partners and provision of services in locations that are most convenient to access, we will provide the quality of mental and physical health services that enhances the lives of our clients and the well-being of our communities.

Community Reach Center

Outpatient Offices & Residential Facilities

Community Reach Center is a top-tier non-profit behavioral health and wellness provider established in 1957 that serves people of all ages at seven outpatient offices and more than 100 community-based sites throughout Adams County, Colorado.

Visit CommunityReachCenter.org for information about our complete continuum of care.



[BACK TO MENU](#)

Locations

BRIGHTON OUTPATIENT & INTAKE

1850 E. Egbert St., Ste. 200
Brighton, CO 80601

CENTER FOR WITHDRAWAL MANAGEMENT

7373 Birch St.
Commerce City, CO 80022

COMMERCE CITY OUTPATIENT & HEALTH HOME

4371 E. 72nd Ave.
Commerce City, CO 80022

ADMINISTRATION

1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

EARLY CHILDHOOD SERVICES

8889 Fox Dr., Ste. B
Thornton, CO 80260

MARGARET CARPENTER CENTER

8801 Lipan St.
Thornton, CO 80260

MOUNTAINLAND PEDIATRICS

8889 Fox Dr., Ste. A
Thornton, CO 80260

NORTHGLENN OUTPATIENT

11285 Highline Dr.
Northglenn, CO 80233

THORNTON CENTRAL INTAKE

8989 Huron St.
Thornton, CO 80260

THORNTON OUTPATIENT

8931 Huron St.
Thornton, CO 80260

WESTMINSTER OUTPATIENT

3031 W. 76th Ave.
Westminster, CO 80030

WALK-IN CRISIS CENTER

2551 W. 84th Ave., Ste. 2
Westminster, CO 80031



[BACK TO MENU](#)

303.853.3500

www.CommunityReachCenter.org