



YOUR TOTAL HEALTH CONNECTION

...Because Every Day Matters

ANNUAL REPORT 2016

303.853.3500

www.CommunityReachCenter.org

Our Mission

"To enhance the health of **OUR** Community"

Our Values

We embrace and RESPECT the DIVERSITY of our COMMUNITY.

We create a SAFE environment that encourages INNOVATION.

We focus on building lasting RELATIONSHIPS, EXCELLENCE and COMPASSION.

We demonstrate good STEWARDSHIP and GRATITUDE.

Table of Contents

Because Every Day Matters

Mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and is able to make a contribution to his or her community.

—World Health Organization



Early intervention for medical and mental health issues is a key component to better health. Community Reach Center has been a nationally recognized leader in early intervention programs and services for decades.

The real cost of untreated or undertreated mental health issues is substantial — **\$100 billion a year in lost productivity**, according to the National Alliance on Mental Illness (NAMI). The better informed we are about recognizing signs and symptoms and how to access mental health care in our community, the healthier and more productive our communities will be.

That's why early intervention of mental health concerns is the foundation for many Community Reach Center programs. This report highlights several innovative programs focused on early intervention — bringing positive impact to those we serve. It means getting back to life. Getting back to work. Getting back to school. Getting back to family. Getting back to friendships. Getting back to self-sufficiency. Getting back to a healthier state of being — **Because Community Reach Center believes that every day matters to our consumers.**

On behalf of the staff and board members of Community Reach Center, we are proud to present the Fiscal Year 2016 Annual Report. We encourage you to visit our website for more information about programs and resources at CommunityReachCenter.org

Sincerely,

A handwritten signature in blue ink, appearing to read "Rick Doucet".

Rick Doucet

Chief Executive Officer

A handwritten signature in blue ink, appearing to read "Mike McIntosh".

Mike McIntosh

President, Community Reach Center Systems, Inc

Timing Does Matter

Timing does matter when it comes to better health. Early intervention for mental health concerns means that the sooner appropriate treatment can begin, the sooner a better quality of life for the individual can be realized. Intercepting individuals further upstream when their symptoms first emerge requires access to services in non-traditional settings, and support from others trained to provide crisis intervention, resources and a bridge to appropriate treatment. Early intercept is the foundation for many Community Reach Center programs.

The FY16 Annual Report highlights five programs that illustrate the concept of early intercept:

- Early Childhood Services
- School-based Therapy
- Integrated Care
- Crisis Intervention
- Mental Health First Aid



Early Childhood Services (ECS)



An average of 1 in 10 children and adolescents in the United States experiences a mental health issue each year. Left untreated, poor mental health can effect a child's or teen's ability to learn, develop friendships, engage well with their families and can even impact their safety.

Early Intervention

- In addition to outpatient office evaluations for children aged 0 to 6 years, therapists also assess youngsters in preschools, and provide consults to preschool staff and parents.
- ECS provides therapeutic support for women with pregnancy-related depression and anxiety. Because dads also need support, services focus on the whole family. Services can be provided in the home or in an outpatient setting – whichever is most desirable for the parents.
- Community Reach expanded ECS programming with the launch the Autism Spectrum Disorder (ASD) program in June 2016.

Impact

- Intercepting emerging behavioral health conditions in young children allows for delivery of immediate, age-appropriate treatment and nurtures effective coping strategies, problem-solving skills and healthy social engagement.
- Intercepting pregnancy-related depression and anxiety increases the likelihood of good parent/child attachment so vital to a child's mental wellness and supports a more joyful parenting experience.
- Research strongly indicates that early, intensive intervention for children with ASD improves long-term outcomes in areas such as learning, communication and social skills.

Reach

- The ECS program treated 548 youngsters, provided 1,200 hours of consultation in support of children in foster or kinship care within Adams County Department of Human Services and served 34 parents with pregnancy-related depression and anxiety.
- Early childhood mental health consultants provided more than 1,500 hours of consultation for children, families, and providers at early child care and learning sites and home visiting programs—including screenings and referrals as needed.
- The ASD program has served 86 young clients since its launch.



School-based Therapy (SBT)



Community Reach Center operates the largest school-based services program in Colorado, helping students to learn to manage feelings of anxiety, depression, phobias and other emotional or behavioral health issues that may be interfering with their academic work. School-based services provide students in elementary, secondary schools and community colleges with convenient access to counseling and case management services, in the familiar setting of their school.

Early Intervention

- School-based therapists are embedded into more than 60 schools, spanning all five Adams County school districts.
- Recently, Community Reach expanded SBT services to include the I'm Going Places (IGP) program. IGP offers a mix of strength-based team building groups and individual student support to fortify resiliency, substance abuse refusal skills, healthier lifestyle choices and academic achievement.

Impact

- Early intercept and counseling, when necessary, leads to improved academic performance, avoidance of life-altering events such as criminal activity, better personal relationships, and smarter decision-making in young people.

Reach

- SBT served 3,883 students.
- IGP served 878 students.



Crisis Intervention Team (CIT) training



Community Reach Center's CIT program is designed to train law enforcement officers to recognize mental health issues, to enhance their verbal crisis de-escalation skills and to provide more streamlined access to community-based mental health services.

Early Intervention

- CIT is a nationwide 40-hour intensive training that gives law enforcement officers additional tools to better diffuse situations involving an individual experiencing a mental health crisis. When a CIT officer responds to a call involving a mental health crisis, it may provide an opportunity to divert

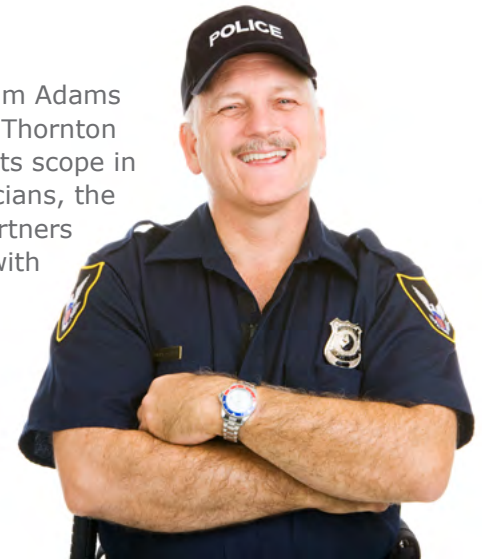
the individual out of jail and into appropriate treatment—sometimes at the early onset of their mental health issue.

Impact

- Community Reach Center collaborates with law enforcement to support people with mental health concerns who are contacted as a consequence of their illness. CIT officers make hundreds of referrals for appropriate follow up every year. By connecting mental health consumers with needed community supports, there is a greater opportunity for positive intervention—consequently enhancing the well-being of the individual and the safety of the community.

Reach

- Community Reach Center provided CIT training for a total of 55 officers from Adams County Sheriff's Office, and Aurora, Brighton, Commerce City, Northglenn, Thornton and Westminster Police Departments in FY16. The CIT program expanded its scope in 2016 to include an education component that provides training to our clinicians, the Adams County NAMI Friends and Family Support Group and community partners who serve those with mental health issues and who may come in contact with law enforcement.



Integrated Care



Community Reach Center is a leading integrated care partner in Colorado – meaning that mental health care, primary medical care and even dental providers are co-located and are able to consult on shared patients. Integrated care allows for illnesses to be identified sooner and treated by the appropriate care professionals when they emerge, and has the potential to reduce the duration and intensity of treatment required.

Although 80 percent of people with a mental health issue visit their primary care provider at least once a year, 67 percent do not receive treatment for their issue. Without access to a mental health provider who is integrated into their primary care office, more than half of all patients

referred to a community mental health provider never make their first appointment.

Mental health disorders and physical illness often co-occur. Twenty-nine percent of adults with chronic medical concerns have or will develop mental health issues, and 68 percent of adults diagnosed with mental health issues also have medical concerns. The co-occurrence of mental health and medical illness results in higher mortality than either without the other.

Early Intervention

- Community Reach Center has 16 integrated care sites throughout Adams County, including the Commerce City Health Home and Community Reach Center's pediatric primary care practice—Mountainland Pediatrics.
- Community Reach Center opened the Commerce City Health Home in 2016—one of only four locations in Colorado selected for the Bi-Directional Integrated Health Home Pilot as part of the Colorado SIM Practice Transformation strategy.

Impact

- More than 50 percent of all visits to primary care physicians in the U.S. are related to an emotional or behavioral health issue because symptoms often present as physical ailments, such as headaches, nausea, sleep disturbances and even chest pain. Accessing counseling services in the familiar setting of their doctor's office at the onset of symptoms means that more people are able to receive the appropriate treatment necessary to maintain overall health and wellness.

Reach

- 7,009 consumer encounters were provided by the Integrated Care Program in FY16.
- Of the 5,729 children and families seen by Mountainland Pediatrics in FY16, 627 were also served by Mountainland's behavioral health specialist.
- 270 consumers were served at the Commerce City Health Home between January and November 2016 by an integrated team comprised of medical and mental health providers.

Mental Health First Aid (MHFA)



MHFA is an eight-hour course designed for community members to learn risk factors and warning signs for mental health and addiction concerns, apply strategies to help someone experiencing emotional distress and serve as a bridge to appropriate care and resources.

Early Intervention

- There are many reasons for taking a MHFA class: sometimes people do not know when or how to ask for help; there is a suicide every 12.8 minutes; and we can all be more aware and better informed. The more people who become certified in MHFA, the more “boots on the ground”

our communities will have to render assistance and support until professional help can be secured.

- All MHFA participants receive information about mental health and crisis intervention resources provided in their communities, increasing the likelihood that more individuals are being referred to treatment earlier in the onset of their issue.

Impact

- Outcome data collected from individuals upon completion of MHFA training between 2011 and 2016 indicated that nearly 43 percent of respondents agreed and 52 percent strongly agreed that they would assist a person experiencing a mental health problem or crisis to seek professional help, and connect the individual with community, peer and personal supports.

Reach

- Community Reach Center’s Mental Health First Aid Training team certified 400 community members in FY16 – including 101 police academy cadets.
- Community Reach Center’s MHFA Program expanded to provide the MHFA Public Safety training to all cadets enrolled at Commerce City’s Flatrock Regional Training Center—one of the top police academies in Colorado.



Awards and Events

Community Reach Center is honored to receive awards in recognition of excellence as a center as well as individual staff. Raising awareness for the many services and programs offered by Community Reach Center is paramount to enhancing the health of our community. At Community Reach Center, we have a number of annual events designed to raise awareness, support and funding for the Center. Our events are designed to build lasting relationships that will help us to continue delivering excellent and compassionate care to all.

Commission on Accreditation of Rehabilitation Facilities (CARF) Accreditation

Community Reach Center was awarded CARF accreditation in October 2016. Community Reach Center is the first community mental health system in Colorado to earn CARF accreditation for any of its programs. CARF International is an independent, nonprofit agency that issues accreditation for providers of health and human services. Accreditation assists providers in improving the quality of their services, demonstrating value and meeting internationally recognized organizational and program standards.

2016 Outstanding Non-Profit Organization

Community Reach Center was named the 2016 Outstanding Non-Profit Organization by the Governor's Service Commission. The Governor's Service Awards are presented to acknowledge those who embody the ideals of community service and have made a significant impact in the lives of Coloradans.

William Funk Award

Rick Doucet, CEO, was presented the William Funk Award by Colorado Non-Profit Association, in recognition of building stronger communities.

Outstanding Mental Health First Aid (MHFA) Program

Community Reach Center's MHFA Program was awarded the 2016 Outstanding Mental Health Program from the Colorado Behavioral Healthcare Council.



*Lt. Governor Lynne with
Community Reach Center staffers.*

2016 Advocacy for Impact Legislative Breakfast

Each year, Community Reach Center brings together key community leaders and partners, elected officials and our employees to increase awareness of the diverse and vast needs for mental health care within our community. As your community mental health center, we must often advocate for people and the programs and services they need in order for them to live the best life possible.

This year's legislative breakfast featured keynote speaker Lieutenant Governor Donna Lynne who provided a "State of the State" address.

2016 Mary Ciancio Memorial Distinguished Service Award Dinner

Evelyn Schroth, Director of the C.A.R.E.S. Food Bank Program in Strasburg, won the 2016 Mary Ciancio Memorial Distinguished Service Award for contributing 8,001 volunteer hours over the past eight years.

Carole Peet and Sharon Maybee were each presented the Marjory Ball Mental Health Advocacy Award. Peet was recognized for her leadership in supporting the Colorado Crisis Services Walk-in Center in Westminster and for providing space at the 84th Avenue Neighborhood Health Center (formerly St. Anthony North Hospital.) Maybee was honored for her leadership in facilitating a partnership between the Commerce City Rotary Club and Community Reach Center in support of the club's mental health initiative.

FY 2016 Donors

We are very pleased to honor the following people and organizations who generously contributed this year to make Every Day Matter

\$1,000 to \$5,000

Adams 12 Five Star Schools
Adams County Commissioners
Adams County Sheriffs Office
Allied Recycled Aggregates
Ames Construction
AllHealth Network
Aurora Mental Health Center
Behavioral Healthcare, Inc
Bimbo Bakeries USA
Ciancio Ciancio Brown, P.C.

City of Brighton
City of Commerce City
Corizon Health
Dominion Diagnostics
EON Office
Genoa Healthcare
Henry Ham Insurance Company
Horizons North Credit Union
Hyland Hills Parks
and Recreation District

Ideal Industries
in honor of Nancy Juday
Lewan
Netsmart
Policy Matters
St. Anthony North Health Campus
Salud Family Health Centers
United Power
Vista Management

\$500 to \$999

City of Northglenn
Dr. Don Cassata
Innovest Portfolio Solutions, LLC
Jeff Wilson
Mr. Robert Edmonds
John Elway Chevrolet
Mary Ann Wisheart

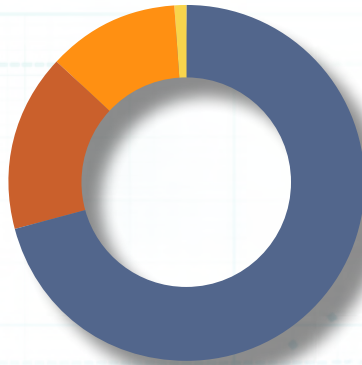
North Valley Bank
Players Club
Pollard Jeep Boulder
State Farm Companies Foundation
Taggart Insurance
Valley Crest Landscaping
Westminster Medical Clinic

FY 2016 Financials & Demographics

(July 1, 2015-June 30, 2016)

Revenue

\$43,613,539

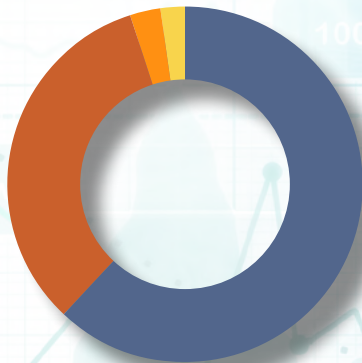


Medicaid	71%
Client Services	16%
Federal, State & Local	12%
Other	1%

The revenue noted above included support provided by Adams County, and the cities of Brighton, Commerce City, Northglenn and Thornton.

Expenses

\$43,267,514



Payroll & Benefits for Staff	62%
Facilities/Operating Costs & Affiliates	33%
Client	4%
Other	1%

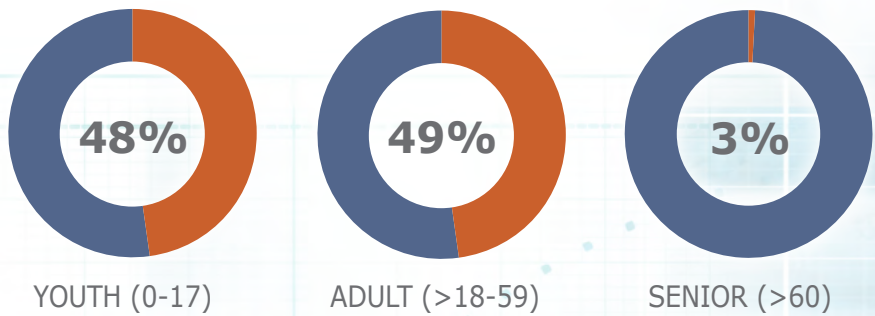
Community Reach Center provided more than **\$2.2 Million** in charitable care for individuals unable to pay for services.

Served **15,051** unduplicated consumers in FY 2016

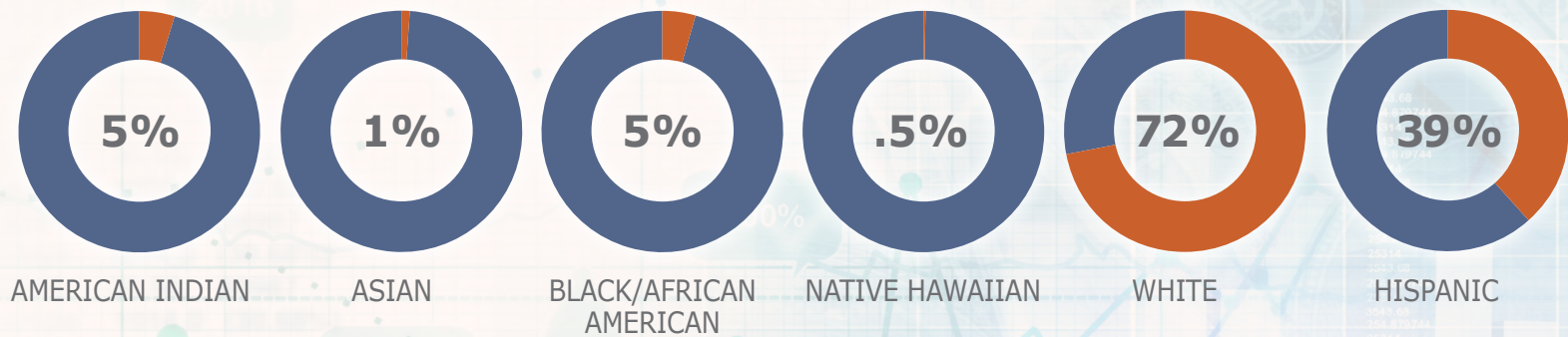
not counting those served at Adams County Jail and Crisis Services

7,172 YOUTH **7,347** ADULTS **532** SENIORS

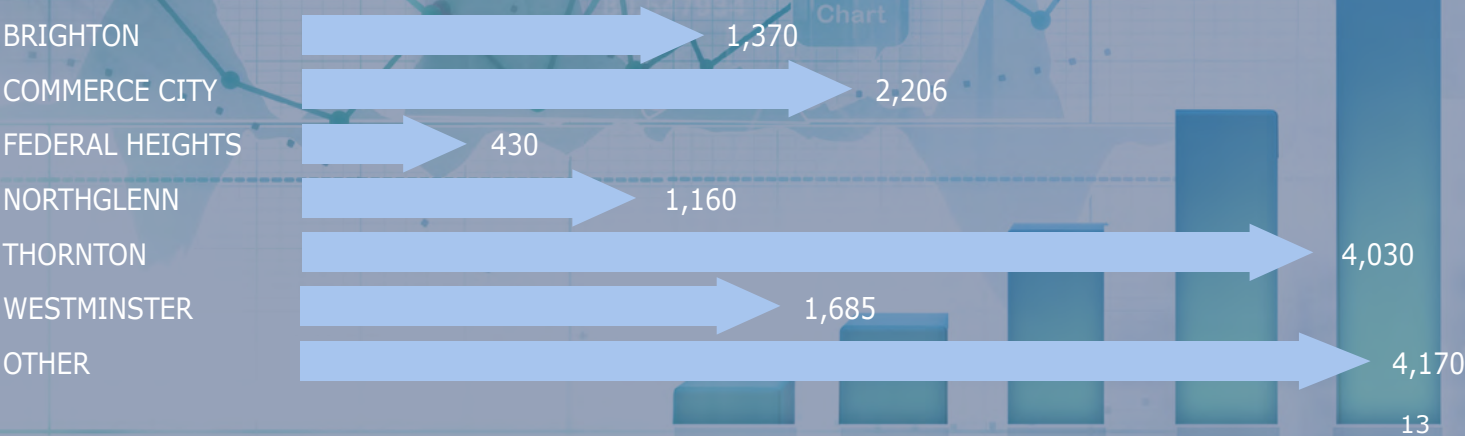
AGE



RACE/ETHNICITY (Totals more than 100% as people may indicate multiple races)



NUMBER OF CONSUMERS SERVED PER MUNICIPALITY



Leadership Team

CHIEF OFFICERS

RICHARD DOUCET, MA
Chief Executive Officer

CLAY CUNNINGHAM, MS, LPC
Chief Operations Officer

CHRISTI MECILLAS, BS
Chief Financial Officer

WERNER HOELLERBAUER, PhD
Chief Information Officer

ADAM BEAN, JD
Chief Corporate Counsel

DIRECTORS

JILL ATKINSON, PhD, LP
Integrated Outpatient Services

RYAN CONNER, DO
Medical Services

AMELIA FAN, MS, LPC
Resiliency and Support Services

AMANDA JONES, MA, LPC, CACIII
Recovery and Transition Services

MARY ASHLEY LANGSTON, MSW, LCSW
Quality Assurance and Compliance

CANDICE LEIMKUHLER, MS, LPC
Collaborative Community Services

DEBORAH OBERMEYER, MS
Community and External Relations

HEATHER THOMPSON, RN
Nursing Services

DENISE TOMSICK, SPHR, SHRM-SCP
Human Resources

ABIGAIL TUCKER, PSYD, LP
Intensive Services

STARR WEDEMEYER, MD
Mountainland Pediatrics

FY16 Board of Directors

SHERYL BAIN

Leadbetter Animal Hospital

*Treasurer, Systems Board
Treasurer, Mountainland
Pediatrics Board
Treasurer, Center Board
Foundation Board
Secretary, Coronado Board*

MARGARET CARPENTER

Retired, Mayor of Thornton, Colorado Board Member Emeritus

DONALD CASSATA, PhD

Retired, Director of Adams County Department of Social Services

*Systems Board
Mountainland Pediatrics Board
Center Board*

MILLIE DESMET

Retired Certified Public Accountant

*Systems Board
Mountainland Pediatrics Board
Center Board*

CHRIS FIEDLER, EdD

Superintendent, School District 27J Foundation Board

LIZ FUSELIER

AXA Advisors

*Systems Board
Mountainland Pediatrics Board
Center Board
Treasurer, Foundation Board*

MARGE GALLEGOS

Retired, Licensed Professional Counselor, Denver Public Schools

*Systems Board
Mountainland Pediatrics Board
Center Board
Foundation Board*

MICHELE HANEY, PhD

President, Red Rocks Community College

*Systems Board
Mountainland Pediatrics Board
Center Board*

BRAD HARVEY

President & CEO, Horizons North Credit Union

*Systems Board
Mountainland Pediatrics Board
Center Board
Treasurer, Coronado Board*

PATRICK LYNCH

Financial Advisor, Patrick Lynch Financial

*Systems Board
Mountainland Pediatrics Board
Center Board*

MICHAEL MCINTOSH

Sheriff, Adams County Sheriff's Office

*President, Systems Board
President,
Mountainland Pediatrics Board
President, Center Board*

JOHN PARKER

CFO, United Power, Inc.

President, Foundation Board

THE HONORABLE

JOHN POPOVICH

District Court Judge, 17th Judicial District

*Vice President, Systems Board
Vice President,
Mountainland Pediatrics Board
Vice President, Center Board*

CONNIE RISOLI

Manager, White Mountain Art Coronado Board

PAUL SISKKA

Retired Undersheriff, Adams County Sheriff's Office

*Systems Board
Mountainland Pediatrics Board
Center Board
President, Coronado Board*

NANCY SNEATH

HIM Director, FPO, North Suburban Medical Center

*Systems Board
Mountainland Pediatrics Board
Center Board*

STEVE SWENSEN

Retired, FirstBank

Vice President, Foundation Board

BRUCE VEZINA

Agent, State Farm Insurance

*Systems Board
Mountainland Pediatrics Board
Center Board
Foundation Board
Coronado Board*

MARY ANN WISEHART

Retired, Lucent Technologies

*Secretary, Systems Board
Secretary, Mountainland Pediatrics Board
Secretary, Center Board
Secretary, Foundation Board
Coronado Board*



YOUR TOTAL HEALTH CONNECTION

CRC COMMUNITY CAMPUS ADMINISTRATION

1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

BRIGHTON OUTPATIENT & INTAKE

1850 E. Egbert St., Ste. 200
Brighton, CO 80601

COMMERCE CITY OUTPATIENT

4371 E. 72nd Ave.
Commerce City, CO 80022

NORTHGLENN OUTPATIENT

11285 Highline Dr.
Northglenn, CO 80233

THORNTON OUTPATIENT

8931 Huron St.
Thornton, CO 80260

THORNTON CENTRAL INTAKE

8989 Huron St.
Thornton, CO 80260

WESTMINSTER OUTPATIENT

3031 W. 76th Ave.
Westminster, CO 80030

MOUNTAINLAND PEDIATRICS

8889 Fox Dr., Ste. A
Thornton, CO 80260

EARLY CHILDHOOD SERVICES

8889 Fox Dr., Ste. B
Thornton, CO 80260

WEEKEND WALK-IN CLINIC

8989 Huron St.
Thornton, CO 80260

WALK-IN CRISIS CENTER AT 84TH AVENUE NEIGHBORHOOD HEALTH CENTER

2551 W. 84th Ave., Ste. 2
Westminster, CO 80031



303.853.3500

www.CommunityReachCenter.org